



King's College  
*The British School of Latvia*

# Menu 4<sup>th</sup> – 8<sup>th</sup> February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Scrambled eggs Tea	<b>Breakfast</b> Porridge Tea	<b>Breakfast</b> Fresh fruit and yoghurt Tea	<b>Breakfast</b> Cheese on toast Tea	<b>Breakfast</b> Children's breakfast choice Tea
<b>Lunch</b> Tomato and basil soup Marinated chicken with potatoes and vegetables Drink and Fruit	<b>Lunch</b> Pea Soup and rye bread Baked salmon with cous cous Drink and fresh fruit.	<b>Lunch</b> Cauliflower and cheese soup Spaghetti Bolognese and salad Drink and fresh fruit.	<b>Lunch</b> Sorrel soup Meatballs with buckwheat and salad Home-made drink and fresh fruit.	<b>Lunch</b> Pumpkin and ginger soup Turkey stroganov and rice Drink and fresh fruit.
<b>Tea time</b> Mozzarella Salad	<b>Tea time</b> Baked Apple	<b>Tea time</b> Home made Mini Pizza	<b>Tea time</b> Fruit salad	<b>Tea Time</b> Feta cheese and spinach strudel

